



18/03/2024

BALAKLAVA SCHOOLS CANTEEN

● GREEN - CHOOSE PLENTY ✓ AMBER - SELECT CAREFULLY GF - GLUTEN FREE

Canteen Manager - Lisa Watson/ Katie Urwin 08 8862 0600

Canteen.bhs940@schools.sa.edu.au

HOT OPTIONS

- Spaghetti Bolognese \$5.80
- Beef Lasagne \$5.80
- ✓ Chicken Tender Roll -Lettuce & Mayo \$7.50
- ✓ Chicken Tender Wrap -Lettuce & Mayo \$7.50
- ✓ Hot Chicken Roll with Mayo \$4.70
- ✓ BBQ Chicken Roll \$5.00 or Junior \$3.00
- Ham & Cheese Roll \$4.20 or Junior \$2.20
- ✓ Chicken Burger -Cheese & Sauce \$5.50
- ✓ Beef Burger -Cheese & Sauce \$5.50
- ✓ Beef or Chicken or Fish Burger w/salad \$6.50
- ✓ Sweet Chilli or Plain Chicken Tender \$2.00
- ✓ Chicken Nugget \$0.60
- ✓ Chiko Roll \$2.90
- ✓ Mrs Macs Sausage Roll \$4.60
- ✓ Mrs Macs Lite Beef Pie \$6.00
- ✓ Hot Noodles - Beef or Chicken \$3.00
- ✓ Mc Cains Pizza Singles - Ham & Pineapple or Cheese & Bacon \$3.50
- ✓ Crumbed Fish - piece \$3.50

VEGETARIAN OPTIONS

- ✓ Macaroni Cheese \$5.80
- ✓ Spring Roll - Small \$0.80
- ✓ Hash Brown \$1.00
- ✓ Bag Seasoned Wedges \$3.20
- Corn Cobettes \$1.60
- Vegetarian Fried Rice GF \$5.00
- ✓ Vegetarian Dim Sim \$1.50
- Lasagne GF \$5.80

TOASTED SANDWICH

- Cheese \$2.00
- Ham & Cheese \$3.80
- Ham, Cheese & Tomato \$4.80
- Cheese & Tomato \$3.00

COLD OPTIONS

- Salad Bowl GF \$5.50 or Junior Salad \$2.80
- Salad Bowl w/Ham GF \$6.70
- Salad Bowl w/Chicken GF \$7.20
- Salad Bowl w/Beef or Tuna GF \$7.50

BAKED POTATOES

- Plain \$2.50
- ✓ Ham GF \$1.50 or Chicken \$2.00
- Beetroot or Pineapple \$0.70
- Sour Cream \$1.00
- Cheese \$0.80
- ✓ Margarine \$0.50

SANDWICH, ROLL or WRAP

- Sandwich - Buttered \$1.00
- Roll - Buttered \$1.20
- Wrap - small \$1.00
- Wrap - Large \$1.50
- Chicken \$2.00 or Ham \$1.50
- Tuna or Beef \$2.40
- Egg \$1.00
- Salad (lettuce, tomato, carrot & cucumber) \$3.50
- Cheese or Beetroot \$0.80
- Vegemite or Mayo \$0.50

EXTRAS

- Gherkin, Pineapple or Carrot \$0.80
- Cucumber, Tomato or Lettuce \$1.00
- ✓ Avocado \$1.00
- ✓ Sauce or Sweet Chilli \$0.50
- ✓ Sauce Tubs - \$1.00
- Tomato, Sour Cream, Sweet Chilli or Garlic Aioli

Orders can be placed via Qkr! before 9am





SNACKS



- ✓ Red Rock Chips - Honey Soy or Sea Salt \$1.90
- ✓ Peckish Crackers – Cheese, BBQ \$1.20
Or Sour Cream & Chives
- ✓ Banana Bread (Homemade) \$2.00
- Fruit Salad small \$2.50 or Large \$5.00
- Watermelon Tub small \$2.00 or Large \$4.00
- ✓ Buttermilk Scone with Spread \$1.60
- Fresh Fruit - Apple \$1.00

DRINKS

- ✓ 250ml Up & Go- \$2.90
Vanilla, Strawberry, Chocolate or Banana
Also available in Dairy Free
- ✓ 600ml Oak - Chocolate, Strawberry \$5.00
Banana or Eggnog, or **Lactose Free** Chocolate
- ✓ 200ml Oak - Chocolate or Strawberry \$2.40
- ✓ 300ml Oak - Chocolate or Strawberry \$3.20
- ✓ 400ml Zymil **Lactose Free** Chocolate \$5.70
- ✓ 250ml Juice - Apple, Orange or \$2.20
Apple & Blackcurrant
- 600ml Dads Pure Water \$2.00
- 200ml Devondale Full Cream Milk \$2.00

ICE BLOCKS

- ✓ Icy Bites \$0.60
- ✓ Sour Snap Sticks \$1.00
- ✓ Calippo Raspberry & Pineapple \$2.20
- ✓ Paddle Pop - Rainbow, Chocolate \$3.30
or Banana
- ✓ Low Fat Vanilla Ice Cream Tub **GF** \$1.90
- ✓ Lemonade Icy Twist \$2.50
- ✓ Moosie - Blue Moon, Choc or Strawb \$1.90
- ✓ Krazy Krush small \$2.50 or large \$3.30

DAILY SPECIALS

MONDAY

- Salad Bowl \$5.00
- Salad Bowl with Chicken \$6.70
- Salad Bowl with Ham \$6.20
- Salad Bowl with Beef \$7.00
- Mrs Macs Lite Beef Pie \$5.50
- Mrs Macs Sausage Roll \$4.10



TUESDAY

- Hot Chicken & Mayo Roll \$4.20
Junior \$2.10
- Hot BBQ Chicken Roll \$4.50
Junior \$2.30
- Hot Ham & Cheese Roll \$3.70
Junior \$1.90



WEDNESDAY

- Chicken Tender Roll -Lettuce & Mayo \$7.00
Junior \$3.50
- Chicken Tender Wrap -Lettuce & Mayo \$7.00
Junior \$3.50



THURSDAY

- Mc Cain Pizza Singles \$3.00
Ham and Pineapple or
- Ham and Cheese

FRIDAY

- Chicken or Beef Burger \$5.00
with Cheese & Sauce
- Chicken, Beef or Fish Burger with Salad \$6.00



AVAILABLE TO
BHS
STUDENTS ONLY



* PRICES SUBJECT TO CHANGE WITHOUT NOTICE