



Circle of Security®

PARENTING SERIES

Presented by: Jo Kelley Community Development Officer, Clare Valley Children's Centre & Sue Kitto, Child & Family Social Worker, Healthy Families Team

Sponsored by: Department of Human Services & Country Health Connect

Location: Balaklava Children's Centre, Balaklava

Dates: a weekly group meeting EVERY Monday from Monday Feb 10th to March 30th,

Time: 9.30 am -11.30 am; morning tea provided

Free crèche: Balaklava Children's Centre, Scotland St, Balaklava

How to register: **For parenting group,** call Jo Kelley 8842 2483 or Sue Kitto 8842 6558
For crèche, call Dale Gathercole 8862 1251

At times all parents feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security® Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

Learning Objectives of the Training:

- Understand your child's emotional world by learning to read the emotional needs
- Support your child's ability to successfully manage emotions
- Enhance the development of your child's self esteem
- Honor your innate wisdom and desire for your child to be secure

Dear Families,

BCCC are very fortunate to be hosting the Circle of Security free Workshops for families again this year. This information is highly recommended. A great opportunity to meet people, enjoy morning tea and a free crèche is included.

We would love to fill the sessions up. Would you like to attend and even bring a friend? If so, please let me know: 88 621251

Thanks, Dale